

BENADRYL (Diphenhydramine) DOSAGE TABLE

Weight	Benadryl Liquid (12.5mg/5ml) Teaspoons	Benadryl Liquid (12.5mg/5 ml) Milliliters	Benadryl Chewable (12.5mg/tab)	Benadryl Tablets (25mg)	Benadryl Quick Dissolve Strips (25mg)
20-24 lbs	$\frac{3}{4}$	4	--	--	--
25-37 lbs	1	5	1	$\frac{1}{2}$	--
38-49 lbs	$1 \frac{1}{2}$	7.5	$1 \frac{1}{2}$	$\frac{1}{2}$	--
50-99 lbs	2	10	2	1	1*
100+ lbs	--	--	4	2	2*
	tsp	mL	Tabs	Tabs	Strips

Important Notes about Benadryl:

*1 Quick Dissolve Strip for Weight of 55-109 lbs; 2 Quick Dissolve Strips for Weight of 110+

- Benadryl is used for treatment of Allergic Reactions, Nasal Allergies and Hives.
- Avoid Benadryl in children under 6 years of age unless directed by your pediatrician.
- Repeat every 6 hours as needed.
- Benadryl may cause drowsiness and paradoxical excitation. Use caution when driving or operating heavy machinery after dosing due to potential for sedation and decreased alertness. This is especially relevant for teen drivers.

Additional resources can be found at Healthychildren.org:

<https://www.healthychildren.org/English/safety-prevention/at-home/medication-safety/Pages/Diphenhydramine-Benadryl-Antihistamine.aspx>