

The American Academy of Pediatrics recommendations include that certain screenings be completed during adolescent well visits. Our practice follows the guidelines directed by the AAP and we are a certified Patient Centered Medical Home. These screenings, as described below, are considered a part of our standard of care.

- **The CRAFFT:** The CRAFFT is the most well studied adolescent substance use screening tool available and has been shown to be valid for adolescents from diverse socioeconomic and racial/ethnic backgrounds. It is recommended by the American Academy of Pediatrics' Bright Futures Guidelines for preventive care screenings and well visits. The CRAFFT is designed to identify substance use, substance-related riding/driving risk, and substance use disorder among youth ages 12-21.
- **GAD 2:** An initial screening tool to help identify symptoms of General Anxiety Disorder. If the screening is positive, we follow up with the GAD 7 which is a more in-depth screening used to assist in the diagnosis of General Anxiety Disorder.
- **PHQ 2:** An initial screening tool to help identify symptoms of depression among adolescents. If the screening is positive, we will follow up with a PHQ 9, which is a more in-depth screening utilized to assist in the diagnosis of depression.

Unfortunately, in spite of the AAP recommendations, some insurances do not cover the cost of these screenings in full. We encourage our patients to reach out to their insurance companies to advocate for the coverage of these necessary and important screening tools.

Mendon Pediatrics' Providers