

Things to know about COVID testing at Mendon Pediatrics



Mendon pediatrics will provide COVID-19 testing in conjunction with an office visit (in person or telemedicine) only.

Please reference the COVID 19 link on our website at www.MendonPediatrics.com for asymptomatic testing policy at Mendon Pediatrics.

Currently, the Monroe County Return to School guidelines allow clearance with a PCR test for symptomatic students who have a known exposure or rapid antigen test for symptomatic students WITHOUT a known exposure. Please check with your county and school district for their specific policies. Depending on your insurance coverage and availability of testing supplies, this test is performed in our office or collected and sent out to the lab. At this time at home antigen testing is not acceptable for clearance.

The PCR test is performed with either a nasal swab (placed 1.5-2 cm in each nostril for 3-5 seconds) or a mid-nasal turbinate swab (deeper swab in one nostril for 10-15 seconds). **The ability to use one swab over the other is fully dependent on our ability to obtain supplies. We do not have control over availability.**

We offer 2 COVID testing clinics every day, once in the morning and once in the afternoon, if the offered times do not work for you, you may go to most urgent care centers. **Weather depending**, you will either be flagged by the nurse to enter the rear of the building with your child for testing purposes or will be asked to wait in your vehicle for the nurse to come to you.

It is important that your child remains as still as possible and does not grab the swab. We ask all parents review this with their children and to come prepared to help hold them during the test if needed. This is to ensure that we are able to safely and accurately administer the test. It also helps to limit any discomfort.

We understand that parents have expressed concerns about risks of being infected with COVID from the office. Included below are the steps we take everyday in order to ensure the safety of our patients and employees. While we cannot completely eliminate risk, we do our best to mitigate it as much as possible. If you are not comfortable entering the office, there are other options for testing outside of our office:

- We have invested in medical grade air filters that trap and kill COVID, as well as a majority of other common infectious viruses\bacteria.
- Masks are required for all employees and visitors age 2 and over.
- Traffic in the office is limited. COVID positive patients, those that have recently travelled, or are waiting for COVID test results are asked to reschedule.
- Nursing staff is in full PPE for all testing clinics.
- PPE, exam rooms, and surfaces\chairs are sanitized in between each patient.
- Door handles, bathrooms, common area surfaces are sanitized every 2 hours throughout the day.
- Hand sanitizer is available for your use.

Tests completed in our office will result by end of business or the following morning.

Depending on the type of test you have and the number of tests being ordered, tests sent out to the lab currently take 1-3 days.

We are unable to prioritize tests.

If you have any questions, please call the office at (585)624-4520.

Thank you.