

Finger Lakes/Western NY COVID Pediatric Return to Play After COVID Infection (Revised Jan 31, 2022)

Applies to all children 5 years and older with moderate/severe presentation

AND to youth 12 years and older participating in high intensity exercise/competitive sports only (NOT gym/physical education or recess) regardless of symptom severity.

Adapted from the AAP COVID-19 Interim Guidance: Return to Sports and Physical Activity by Anna Zuckerman, MD, FAAP and Jonathan Flyer, MD, FAAP, FACC. For detailed guidance, please refer to the [AAP COVID-19 Interim Guidance: Return to Sports and Physical Activity](#). (Last updated 1/20/2022)

